

CARROLLTON BOOSTERS
2019 BASKETBALL RULES
5-6 LEAGUE

- 1) Teams will use the first half hour of their time slot for *practice*, each team using one of the two half courts.
- 2) During the second half hour, each team will be split into two, and two simultaneous games will be played, one on each half court.
- 3) Scrimmage will be a running 25 minutes.
- 4) The games will follow a strict 3 v 3 format, *no exceptions*. Players should be substituted at frequent intervals so that each player plays at least half the total playing time.
- 5) All players must wear their Carrollton team shirts in order to be eligible to play. All watches and jewelry must be removed.
- 6) Ball size is 27.5". Goal height is 8'.
- 7) One coach from each team is allowed on each half court. The coaches will direct play.
- 8) All coaching is to be done in a *positive* manner.
- 9) No official score is kept; players should be discouraged from trying to keep score.
- 10) When possession changes, play restarts at the top of the key.
- 11) Coaches of the two competing teams should endeavor to match their players appropriately when dividing them in half for the simultaneous games.